Year 9-10-11 TREVOR WHITEHEAD RESTAURANT

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d G(w), E,M £1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

31st March - 4th April

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Mustard Available without Gluten	Roasted Turkey and Gravy Available without Gluten	BBQ Bacon Loin	Quorn Tikka Wrap with a Minted Yogurt Available without Gluten	Battered Haddock and Tartare Sauce Available without Gluten
G(w) Sb,Sd,M,C,Mu May Contain E,	G(w) C,Sb,May Contain M,E,S	G(w,r) C,Sb,Sd M May Contain E,S	G(w) ,E,Mu,M,	G(w),Sb,F,E,Mu May Contain M,s

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Minted Pea G (w), C, Sb, (Available without Gluten) Vegan	£1.85
Salad of the Week	Tuna Nicoise With a French Vinaigrette F,Mu,E Without Gluten	£2.20
Jacket Potato	Cheese 'n' Beans M - Cheese only Without Gluten	£2.35
Jacket Potato of the Week	Vegetable Chilli and Sour Cream M,C,Sb Without Gluten	£2.35
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

	T T			
	Fast Food	Pasta bolognese served with Parmesan Cheese	£2.60	
		G(w,b) C,Sb,M,F May Contain E		
		Chicken and Leek Pie served with Roast Potatoes and		
MONDAY	Traditional	Carrots	£2.60	
31st March		G(w) ,C,Sb,M		
	Vegetarian	Vegan Chilli and Pasta C,Sb	£2.60	
	Dessert	Jam Sponge and Custard G(w) M,E May Contain Sb	£1.10	
	Fast Food	Chicken Rogan Josh with Coriander Rice	£2.60	
		G(w) ,C ,Sb ,M ,MU		
		Roasted Turkey ,New potatoes Mixed Vegetables and Gravy		
TUESDAY	Traditional	, , ,	£2.60	
1st April		C,Sb Without Gluten		
	Vegetarian	Quorn Rogan Josh and Rice E,Mu,M,C,Sb	£2.60	
	Dessert	Oaty Apple Crumble and Custard G(w),M,May Contain Sb	£1.10	
	Fast Food	BBQ Bacon Loin on a bed of Soft Noodles	£2.60	
		G(w,r) C,Sb,Sd	2=.00	
WEDNESDAY	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60	
WEDNESDAY	Traditional	M - cheese only		
2nd April		•		
	Vegetarian	Vegetable Crumble G(w) C,Sb (Vegan)	£2.60	
	Dessert	Hot Cross Bun Bread and Butter Pudding served with Custard G(w) ,E,M,Sb,Sd	£1.10	
		Battered Chicken Burger in a Bun with Fries and Relish		
	Fast Food	Available Without Gluten	£2.60	
		G (w), C, M, Sb, Sd, may contain S, Mu		
THIDODAY	To all C	Roasted Red Pepper Risotto and Mixed leaves	00.00	
THURSDAY	Traditional	·	£2.60	
3rd April		M,C,Sb May Contain E Without Gluten Southern Style Quorn Burger (G (w), M, E, may contain		
	Vegetarian	S)	£2.60	
	Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
		Pasta with a Choice of Two Sauces :		
	Fast Food	Tomato and Basil. Or Leek	£2.60	
		G (w), C, Sb, Sd G (w), C, Sb, M,		
	_	Battered Haddock New Potatoes and Mushy Peas Available		
FRIDAY	Traditional	Without Gluten	£2.60	
4th April		G(w) ,F,Mu ,E		
	Vegetarian	Dish of the Day see Menu Cards	£2.60	
	Dessert	Chocolate Chip Sponge and Chocolate Custard G(w), E,M May Contain Sb	£1.10	
		iviay Contain Su		

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St. Aidan's Catering

DELI BAR MENU

31st March - 4th April

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Mustard Available without Gluten	Roasted Turkey and Gravy Available without Gluten	BBQ Bacon Loin	Quorn Tikka Wrap with a Minted Yogurt Available without Gluten	Battered Haddock and Tartare Sauce Available without Gluten
G(w) Sb,Sd,M,C,Mu May Contain E. S	G(w) C,Sb,May Contain M,E,S	G(w,r) C,Sb,Sd M May Contain E,S	G(w) ,E,Mu,M,	G(w),Sb,F,E,Mu May Contain M,s

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps Please See Packaging for Allergens	£2.50	
Soup of the Week with a Bread Roll	Minted Pea	£1.85	
(G (w), Sb, may contain E, M)	G (w), C, Sb, (Available without Gluten) Vegan	21.00	
Salad of the Week	Tuna Nicoise With a French Vinaigrette	£2.20	
	F,Mu,E Without Gluten		
Jacket Potato	Cheese 'n' Beans	£2.45	
	M - cheese only		
Jacket Potato of the Week	Vegetable Chilli and Sour Cream	£2.45	
Of the Week	M,C,Sb Without Gluten		

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

31st March - 4th April

Daily Special Options

	Pasta bolognese served with Parmesan Cheese	CO CO
Monday	G(w,b) C,Sb,M,F May Contain E	£2.60
Worlday	Vegan Chilli and Pasta C,Sb	£2.60
	Jam Sponge and Custard G(w) M,E May Contain Sb	£1.10
	Chicken Rogan Josh with Coriander Rice	£2.60
Tuesday	G(w) ,C ,Sb ,M ,MU	
	Quorn Rogan Josh and Rice E,Mu,M,C,Sb	£2.60
	Oaty Apple Crumble and Custard G(w),M,May Contain Sb	£1.10
	BBQ Bacon Loin on a bed of Soft Noodles	£2.60
Wednesday	G(w,r) C,Sb,Sd	
wednesday	Vegetable Crumble G(w) C,Sb (Vegan)	£2.60
	Hot Cross Bun Bread and Butter Pudding served with Custard G(w) ,E,M,Sb,Sd	£1.10
	Battered Chicken Burger in a Bun with Fries and Relish Available Without Gluten	£2.60
Thursday	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G(w), C, E, M, Mu, may contain S, Sb)	£2.60
	Banoffee Pie G(w) Sb,M	£1.10
	Dish of the Day	£2.60
Friday	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Chip Sponge and Chocolate Custard G(w), E,M May Contain Sb	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	
	M - cheese only	
Jacket Potato of the Week	Vegetable Chilli and Sour Cream	£2.35
of the week	M,C,Sb Without Gluten	
Salad of the Week	Tuna Nicoise With a French Vinaigrette	£2.20
	F,Mu,E Without Gluten	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll	Minted Pea	£1.85
(G (w), Sb, may contain E, M)	G (w), C, Sb, (Available without Gluten) Vegan	
Wrap of the Week G (w),	A Selection of Freshly Made Wraps	
may also contain Mu	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide