

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 24th Mar 141 year 7s out	Fast Food	Creamy Chicken Curry with Braised Rice	£2.60
		G (w), C, Sb, M, Mu, Sd	
	Traditional	Roasted Pork Loin with Stuffing served with Roast Potatoes and Mixed Vegetables	£2.60
		G(w), C, Sb (Available without Gluten)	
Vegetarian	Creamy Chicken Quorn Curry with Braised Rice (E, Mu, C, Sb,M)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 25th Mar 138 year 7s out	Fast Food	Beef Lasagne served with Mixed Salad and Garlic Bread	£2.60
		G (w, b), C, Sb, M, F, may contain E	
	Traditional	Roast Bacon Loin served with Cajun Jacket Wedges and Sweetcorn	£2.60
		No Allergens	
Vegetarian	Vegan Meatballs and Pasta G (w),C ,Sb Sd	£2.60	
Dessert	Oaty Apple and Rhubarb Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 26th Mar	Fast Food	Tandoori Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb, M, Mu, may contain N, P	
	Traditional	Beef and Vegetable Stew with Yorkshire pudding and Buttered New Potatoes	£2.60
		G (w), C, Sb, M, E (Available without Gluten)	
Vegetarian	Vegetarian Irish Stew With Yorkshire Puddings and New Potatoes G(w) C,Sb ,E, M	£2.60	
Dessert	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 27th Mar 126 year 10s out	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Homemade Vegetable Chilli with Steamed Rice , Nachos and Sour Cream	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Manderin Cheesecake G (w) Sb, M	£1.10	
FRIDAY 28th Mar	Fast Food	Pasta with a Choice of Two Sauces Tomato or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Creamy Fish Gratin served with Broccoli	£2.60
		F, M,C,Sb (Without Gluten)	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
 L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
 Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

24th - 28th March

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Loin of Pork and Gravy (Available without Gluten)	Peri Peri Chicken Wrap (Available without Gluten)	Roasted Bacon Loin (Available without Gluten)	Sausage and Onion Gravy (Available without Gluten)	Lincolnshire Fish Cake and Tartare Sauce (Available without Gluten)
G (w), C, Sb, may contain M, E, S	G (w), may contain Mu	G (w), Sb, ,Mu,Sd may contain M, E, S	G (w), Sb, C, Sd, M may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Broccoli and Siltan	£1.85
	C, Sb, M (Available without Gluten)	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	E, M (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Tuna and Spring Onion	£2.35
	F,E (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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Main Hall

Year 7 - 8

MONDAY 24th Mar 141 year 7s out	Fast Food	Creamy Chicken Curry with Braised Rice	£2.60
		G (w), C, Sb, M, Mu, Sd	
	Traditional	Roasted Pork Loin with Stuffing served with Roast Potatoes and Mixed Vegetables	£2.60
		G(w), C, Sb (Available without Gluten)	
Vegetarian	Creamy Chicken Quorn Curry with Braised Rice (E, Mu, C, Sb,M)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 25th Mar 138 year 7s out	Fast Food	Beef Lasagne served with Mixed Salad and Garlic Bread	£2.60
		G (w, b), C, Sb, M, F, may contain E	
	Traditional	Roast Bacon Loin served with Cajun Jacket Wedges and Sweetcorn	£2.60
		No Allergens	
Vegetarian	Vegan Meatballs and Pasta G (w),C ,Sb Sd	£2.60	
Dessert	Oaty Apple and Rhubarb Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 26th Mar	Fast Food	Tandoori Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb, M, Mu, may contain N, P	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Irish Stew With Yorkshire Puddings and New Potatoes G(w) C,Sb ,E, M	£2.60	
Dessert	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 27th Mar 126 year 10s out	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Homemade Vegetable Chilli with Steamed Rice , Nachos and Sour Cream	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 28th Mar	Fast Food	Pasta with a Choice of Two Sauces Tomato or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Creamy Fish Gratin served with Broccoli	£2.60
		F, M,C,Sb (Without Gluten)	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

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Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

DELI BAR MENU

24th - 28th March

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Loin of Pork and Gravy (Available without Gluten)	Peri Peri Chicken Wrap (Available without Gluten)	Roasted Bacon Loin (Available without Gluten)	Sausage and Onion Gravy (Available without Gluten)	Lincolnshire Fish Cake and Tartare Sauce (Available without Gluten)
G (w), C, Sb, may contain M, E, S	G (w), may contain Mu	G (w), Sb, ,Mu,Sd may contain M, E, S	G (w), Sb, C, Sd, M may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Broccoli and Silton	£1.85
	C, Sb, M (Available without Gluten)	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	E, M (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Tuna and Spring Onion	£2.45
	F,E (Without Gluten)	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

24th - 28th March

Daily Special Options

Monday	Creamy Chicken Curry with Braised Rice	£2.60
	G (w), C, Sb, M, Mu, Sd	
	Creamy Chicken Quorn Curry with Braised Rice (E, Mu, C, Sb,M)	£2.60
	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Mixed Salad and Garlic Bread	£2.60
	G (w, b), C, Sb, M, F, may contain E	
	Vegan Meatballs and Pasta G (w),C ,Sb Sd	£2.60
	Oaty Apple and Rhubarb Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	Tandoori Chicken Leg on a bed of Soft Noodles	£2.60
	G (w), C, Sb, M, Mu, may contain N, P	
	Vegetarian Irish Stew With Yorkshire Puddings and New Potatoes G(w) C,Sb ,E, M	£2.60
	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G(w), C, E, M, Mu, may contain S, Sb)	£2.60
	Mandarin Cheesecake G (w) Sb, M	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Tuna and Spring Onion	£2.35
	F,E (Without Gluten)	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	E, M (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Broccoli and Silton	£1.85
	C, Sb, M (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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