

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 17th Mar	Fast Food	Fussilli Bolognese And Parmesan Cheese	£2.60
		G (w, b), C, Sd, F, E	
	Traditional	Honey Roasted Bacon Loin with Dauphinoise Potatoes and Buttered Sweetcorn	£2.60
		M, C.,Sb (Without Gluten)	
Vegetarian	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 18th Mar	Fast Food	Sweet and Sour Chicken with Egg Fried Rice	£2.60
		Sd, E, (Without Gluten)	
	Traditional	Beef and Vegetable pie with New Potatoes and Broccoli	£2.60
		G(w) , C, Sb	
Vegetarian	Sweet and Sour Quorn and Egg Fired Rice E,Sd,	£2.60	
Dessert	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 19th Mar	Fast Food	Jamaican Jerk Pork Steak served on a bed of Soft Noodles	£2.60
		G (w), C, Sb,Mu	
	Traditional	Shepherds Pie served with Buttered Savoy Cabbage and Gravy	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Vegetarian Cottage Pie served with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60	
Dessert	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 20th Mar	Fast Food	Sausage Chips and Beans (Without Gluten Available)	£2.60
		G (w),M, Sb, Sd,	
	Traditional	Roasted Vegetable and Feta Cheese Tart served with Mixed Leaves and Buttered New Potatoes	£2.60
		G (w), C, Sb, M, E	
Vegetarian	Vegan Sausage, Chips and Beans G(w), Sb	£2.60	
Dessert	Eton Mess E,M	£1.10	
FRIDAY 21st Mar	Fast Food	Pasta with a Choice of Two Sauces:- Spicy Tomato or Cheese	£2.60
		G (w), C, Sd, Sb G(w), C, Sb, M, E	
	Traditional	Jumbo Battered Fish Fingers served with Mushy Peas and Minted New Potatoes with Tartare Sauce	£2.60
		G (w), M, E, F, Mu	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate and Vanilla Sponge and Chocolate Custard (G(w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

17th - 21st March

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin with American Style Mustard (Available Without Gluten)	Chicken Tikka Wrap (Available Without Gluten)	Roast Pork with Apple Sauce and Gravy (Available Without Gluten)	Roasted Turkey and Gravy (Available Without Gluten)	Jumbo Battered Fish Fingers Served with Tartare Sauce (Available Without Gluten)
G (w), Sb, Sd, Mu, may contain M, E, S	G (w), M, Mu, may contain N, P	G (w), Sb, C, may contain M, E, S	G (w), Sb, C, may contain M, S, E	G (w), Sb, F, E, Mu, M, may contain S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Leek and Potato	£1.85
	C, Sb, M (Available without Gluten)	
Salad of the Week	Smoked Mackerel Served with Horseradish Mayonnaise	£2.20
	F, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Chicken, Chickpea and Spinach Balti	£2.35
	Mu, Sb, C (Without Gluten)	
Vegetarian Dish		£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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Main Hall

Year 7 - 8

MONDAY 17th Mar	Fast Food	Fussilli Bolognese And Parmesan Cheese	£2.60
		G (w, b), C, Sd, F, E	
	Traditional	Honey Roasted Bacon Loin with Dauphinoise Potatoes and Buttered Sweetcorn	£2.60
		M, C.,Sb (Without Gluten)	
Vegetarian	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 18th Mar	Fast Food	Sweet and Sour Chicken with Egg Fried Rice	£2.60
		Sd, E, (Without Gluten)	
	Traditional	Beef and Vegetable pie with New Potatoes and Broccoli	£2.60
		G(w) , C, Sb	
Vegetarian	Sweet and Sour Quorn and Egg Fired Rice E,Sd,	£2.60	
Dessert	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 19th Mar	Fast Food	Jamaican Jerk Pork Steak served on a bed of Soft Noodles	£2.60
		G (w), C, Sb,Mu	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Cottage Pie served with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60	
Dessert	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 20th Mar	Fast Food	Sausage Chips and Beans (Without Gluten Available)	£2.60
		G (w),M, Sb, Sd,	
	Traditional	Roasted Vegetable and Feta Cheese Tart served with Mixed Leaves and Buttered New Potatoes	£2.60
		G (w), C, Sb, M, E	
Vegetarian	Vegan Sausage, Chips and Beans G(w), Sb	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 21st Mar	Fast Food	Pasta with a Choice of Two Sauces:- Spicy Tomato or Cheese	£2.60
		G (w), C, Sd, Sb G(w), C, Sb, M, E	
	Traditional	Jumbo Battered Fish Fingers served with Mushy Peas and Minted New Potatoes with Tartare Sauce	£2.60
		G (w), M, E, F, Mu	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate and Vanilla Sponge and Chocolate Custard (G(w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
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Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

17th - 21st March

Daily Special Options

Monday	Fussilli Bolognese And Parmesan Cheese	£2.60
	G (w, b), C, Sd, F, E	
	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60
	Jam Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Tuesday	Sweet and Sour Chicken with Egg Fried Rice	£2.60
	Sd, E, (Without Gluten)	
	Sweet and Sour Quorn and Egg Fired Rice E,Sd,	£2.60
	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	Jamaican Jerk Pork Steak served on a bed of Soft Noodles	£2.60
	G (w), C, Sb,Mu	
	Vegetarian Cottage Pie served with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60
	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10
Thursday	Sausage Chips and Beans (Without Gluten Available)	£2.60
	G (w),M, Sb, Sd,	
	Vegan Sausage Chips and Beans G(w) Sb	£2.60
	Eton Mess E,M	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate and Vanilla Sponge and Chocolate Custard (G(w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Chicken, Chickpea and Spinach Balti	£2.35
	Mu,Sb,C (Without Gluten)	
Salad of the Week	Smoked Mackerel Served with Horseradish Mayonnaise	£2.20
	F, E (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Leek and Potato	£1.85
	C, Sb, M (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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St. Aidan's Catering

DELI BAR MENU

17th - 21st March

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin with American Style Mustard (Available Without Gluten)	Chicken Tikka Wrap (Available Without Gluten)	Roast Pork with Apple Sauce and Gravy (Available Without Gluten)	Roasted Turkey and Gravy (Available Without Gluten)	Jumbo Battered Fish Fingers Served with Tartare Sauce (Available Without Gluten)
G (w), Sb, Sd, Mu, may contain M, E, S	G (w), M, Mu, may contain N, P	G (w), Sb, C, may contain M, E, S	G (w), Sb, C, may contain M, S, E	G (w), Sb, F, E, Mu, M, may contain S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Leek and Potato	£1.85
	C, Sb, M (Available without Gluten)	
Salad of the Week	Smoked Mackerel Served with Horseradish Mayonnaise	£2.20
	F, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Chicken, Chickpea and Spinach Balti	£2.45
	Mu,Sb,C (Without Gluten)	

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