

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 10th Feb	Fast Food	Creamy Chicken Curry with Fried Rice	£2.60
		G (w), C, Sb, M, Mu, Sd	
	Traditional	Beef Hotpot served with Broccoli	£2.60
		C, Sb	
Vegetarian	Creamy Quorn Curry with Steamed Rice (C, Sb, E, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 11th Feb	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), F, C, Sb, M, may contain E	
	Traditional	Bacon Loin served with Roast Potatoes and Sweetcorn	£2.60
		No Allergens	
	Vegetarian	Vegan Bolognese with Fussilli Pasta (G (w), C, Sb, Sd)	£2.60
Dessert	Rice Pudding with Raspberry Sauce (M)	£1.10	
WEDNESDAY 12th Feb	Fast Food	Chinese Turkey and Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Shepherds Pie served with Carrots and Gravy	£2.60
		C, Sb, M	
	Vegetarian	Vegetable Hotpot with Carrots (C, Sb)	£2.60
Dessert	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
THURSDAY 13th Feb	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Mu, Sd, may contain S, Sb	
	Traditional	Vegetable Biryani	£2.60
		C, Sb, Mu (without Gluten)	
	Vegetarian	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60
Dessert	Eton Mess (M, E)	£1.10	
FRIDAY 14th Feb	Fast Food	Pasta with a Choice of Two Sauces:- Tomato & Basil or Cheddar Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Fish Cake served with New Potatoes and Peas with Tartare Sauce (Without Gluten Available)	£2.60
		G (w), F, Mu, M, E	
	Vegetarian	Dish of the Day see Menu Cards	£2.60
Dessert	Chocolate & Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

10th - 14th Feb 2025

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Tandoori Chicken Wrap (Without Gluten Available)	Bacon Loin (Without Gluten Available)	Sausage and Onion Gravy (Without Gluten Available)	Roast Turkey and Gravy (Without Gluten Available)	Fish Cakes and Tartare Sauce (without Gluten Fish Fingers Available)
G (w), M, Mu, may contain Mu, N, P	G (w), Sb, may contain M, E, S	G (w), Sb, Sd, M, C, may contain E, S	G (w), C, Sb, may contain E, M, S	G (w), F, M, Mu, Sb, may contain E, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Vegetable and Lentil Soup (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	Greek Salad	£2.20
	Mu, M, Sd (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Chilli Con Carne	£2.35
	C, Sb (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

Main Hall

Year 7 - 8

MONDAY 10th Feb	Fast Food	Creamy Chicken Curry with Fried Rice	£2.60
		G (w), C, Sb, M, Mu, Sd	
	Traditional	Beef Hotpot served with Broccoli	£2.60
		C, Sb	
Vegetarian	Creamy Quorn Curry with Steamed Rice (C, Sb, E, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 11th Feb	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), F, C, Sb, M, may contain E	
	Traditional	Bacon Loin served with Roast Potatoes and Sweetcorn	£2.60
		No Allergens	
Vegetarian	Vegan Bolognese with Fussilli Pasta (G (w), C, Sb, Sd)	£2.60	
Dessert	Rice Pudding with Raspberry Sauce (M)	£1.10	
WEDNESDAY 12th Feb	Fast Food	Chinese Turkey and Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetable Hotpot with Carrots (C, Sb)	£2.60	
Dessert	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
THURSDAY 13th Feb	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Mu, Sd, may contain S, Sb	
	Traditional	Vegetable Biryani	£2.60
		C, Sb, Mu (without Gluten)	
Vegetarian	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60	
Dessert	Fresh Fruit or a Yogurt	£1.10	
	No Allergens Allergens with be displayed		
FRIDAY 14th Feb	Fast Food	Pasta with a Choice of Two Sauces:- Tomato & Basil or Cheddar Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Fish Cake served with New Potatoes and Peas with Tartare Sauce (Without Gluten Available)	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate & Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

DELI BAR MENU

10th - 14th Feb 2025

Hot Roast Baguette - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Tandoori Chicken Wrap (Without Gluten Available)	Bacon Loin (Without Gluten Available)	Sausage and Onion Gravy (Without Gluten Available)	Roast Turkey and Gravy (Without Gluten Available)	Fish Cakes and Tartare Sauce (without Gluten Fish Fingers Available)
G (w), M, Mu, may contain Mu, N, P	G (w), Sb, may contain M, E, S	G (w), Sb, Sd, M, C, may contain E, S	G (w), C, Sb, may contain E, M, S	G (w), F, M, Mu, Sb, may contain E, S

Weekly Specials

Wrap of the Week G (w)	A Selection of Freshly made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Vegetable and Lentil Soup (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	Greek Salad	£2.20
	Mu, M, Sd (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Tuna and Sweetcorn	£2.45
	F, E (Without Gluten)	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

SIXTH FORM - LUNCH MENU

10th - 14th Feb 2025

Daily Special Options

Monday	Creamy Chicken Curry with Fried Rice	£2.60
	G (w), C, Sb, M, Mu, Sd	
	Creamy Quorn Curry with Steamed Rice (C, Sb, E, Sd)	£2.60
	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
	G (w, b), F, C, Sb, M, may contain E	
	Vegan Bolognese with Fussilli Pasta (G (w), C, Sb, Sd)	£2.60
	Rice Pudding with Raspberry Sauce (M)	£1.10
Wednesday	Chinese Turkey and Noodles	£2.60
	G (w), C, Sb, may contain N, P	
	Vegetable Hotpot with Carrots (C, Sb)	£2.60
	Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish (Without Gluten Available)	£2.60
	G (w), C, M, Mu, Sd, may contain S, Sb	
	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60
	Eton Mess (M, E)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate & Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Chilli Con Carne	£2.35
	F, E (Without Gluten)	
Salad of the Week	Greek Salad	£2.20
	Mu, M, Sd (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Vegetable and Lentil Soup (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.