

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 20th Jan	Fast Food	Sweet and Sour Chicken with Egg Fried Rice	£2.60
		C, Sb, E, Sd (Without Gluten)	
	Traditional	Beef Steak and Vegetable Pie served with New Potatoes and Peas	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn with Egg Fried Rice (E, Sd, C, Sb)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 21st Jan	Fast Food	Fusilli Bolognese with Parmesan Cheese	£2.60
		G (w, b), C, Sb, F, M, E	
	Traditional	Roasted Turkey with Stuffing served with Roast Potatoes and Carrots	£2.60
		G(w), C, Sb (Available Without Gluten)	
Vegetarian	Vegan Chilli with Pasta (G (w), C, Sb)	£2.60	
Dessert	Apple Pie and Ice-cream (G (w), E, M, may contain Sb)	£1.10	
WEDNESDAY 22nd Jan	Fast Food	Chinese Pork and Soft Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Shepherds Pie served with Buttered Cabbage and Gravy	£2.60
		C, Sb, M (without Gluten)	
Vegetarian	Vegetarian Shepherds Pie served with Buttered Cabbage and Gravy (C, Sb, M)	£2.60	
Dessert	Lemon Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 23rd Jan	Fast Food	Sausage with Chips and Beans	£2.60
		G (w), C, M, Sd, Sb (Available Without Gluten)	
	Traditional	Wild Mushroom Risotto with Mixed Leaves	£2.60
		C, Sb, M, E (Without Gluten)	
Vegetarian	Vegan Sausage, Chips and Beans (G (w), Sb, Sd)	£2.60	
Dessert	Raspberry Fool (M, E)	£1.10	
FRIDAY 24th Jan	Fast Food	Pasta with a Choice of Two Sauces : Spicy Tomato or Carbonara	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with New Potatoes and Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

20th - 24th Jan 2025

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy (Available without Gluten)	Roasted Turkey and Cranberry Sauce (Available without Gluten)	Chinese Pork	BBQ Chicken Wrap	Battered Haddock and Tartare Sauce (without Gluten Fish Fingers Available)
G (w), C, Sb, Sd, M, may contain E, S	G (w), Sd, C, may contain M, E, S	G (w), C, Sb, may contain N, P, M, E, S	G (w, r), Sb, C, Sd, may contain Mu	G (w), Sb, F, E, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Mulligatawny (VEGAN)	£1.85
	G (w), C, Sb, Mu (Without Gluten)	
Salad of the Week	Ploughmans (Cheddar Cheese with Pork Pie and Chutney)	£2.20
	G (w), Sb, Sd, M	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Garlic Mushrooms With Spinach (Vegan)	£2.35
	C, Sb (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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St. Aidan's Catering

DELI BAR MENU

20th - 24th Jan 2025

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy (Available without Gluten)	Roasted Turkey and Cranberry Sauce (Available without Gluten)	Chinese Pork	BBQ Chicken Wrap	Battered Haddock and Tartare Sauce (without Gluten Fish Fingers Available)
G (w), C, Sb, Sd, M, may contain E, S	G (w), Sd, C, may contain M, E, S	G (w), C, Sb, may contain N, P, M, E, S	G (w, r), Sb, C, Sd, may contain Mu	G (w), Sb, F, E, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Mulligatawny (VEGAN)	£1.85
	G (w), C, Sb, Mu (Without Gluten)	
Salad of the Week	Ploughmans (Cheddar Cheese with Pork Pie and Chutney)	£2.20
	G (w), Sb, Sd, M	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms With Spinach (Vegan)	£2.45
	C, Sb (without Gluten)	

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Main Hall

Year 7 - 8

MONDAY 20th Jan	Fast Food	Sweet and Sour Chicken with Egg Fried Rice	£2.60
		C, Sb, E, Sd (Without Gluten)	
	Traditional	Beef Steak and Vegetable Pie served with New Potatoes and Peas	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn with Egg Fried Rice (E, Sd, C, Sb)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 21st Jan	Fast Food	Fusilli Bolognese with Parmesan Cheese	£2.60
		G (w, b), C, Sb, F, M, E	
	Traditional	Roasted Turkey with Stuffing served with Roast Potatoes and Carrots	£2.60
		G(w), C, Sb (Available Without Gluten)	
Vegetarian	Vegan Chilli with Pasta (G (w), C, Sb)	£2.60	
Dessert	Apple Pie and Ice-cream (G (w), E, M, may contain Sb)	£1.10	
WEDNESDAY 22nd Jan	Fast Food	Chinese Pork and Soft Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Shepherds Pie served with Buttered Cabbage and Gravy (C, Sb, M)	£2.60	
Dessert	Lemon Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 23rd Jan	Fast Food	Sausage with Chips and Beans	£2.60
		G (w), C, M, Sd, Sb (Available Without Gluten)	
	Traditional	Wild Mushroom Risotto with Mixed Leaves	£2.60
		C, Sb, M, E (Without Gluten)	
Vegetarian	Vegan Sausage, Chips and Beans (G (w), Sb, Sd)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 24th Jan	Fast Food	Pasta with a Choice of Two Sauces : Spicy Tomato or Carbonara	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with New Potatoes and Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

20th - 24th Jan 2025

Daily Special Options

Monday	Sweet and Sour Chicken with Egg Fried Rice	£2.60
	C, Sb, E, Sd (Without Gluten)	
	Sweet and Sour Quorn with Egg Fried Rice (E, Sd, C, Sb)	£2.60
	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Tuesday	Fusilli Bolognese with Parmesan Cheese	£2.60
	G (w, b), C, Sb, F, M, E	
	Vegan Chilli with Pasta (G (w), C, Sb)	£2.60
	Apple Pie and Ice-cream (G (w), E, M, may contain Sb)	£1.10
Wednesday	Chinese Pork and Soft Noodles	£2.60
	G (w), C, Sb, may contain N, P	
	Vegetarian Shepherds Pie served with Buttered Cabbage and Gravy (C, Sb, M)	£2.60
	Lemon Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Thursday	Sausage with Chips and Beans (Available Without Gluten)	£2.60
	G (w), C, M, Sd, Sb	
	Vegan Sausage, Chips and Beans (G (w), Sb, Sd)	£2.60
	Raspberry Fool (M, E)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms With Spinach (Vegan)	£2.35
	C, Sb (without Gluten)	
Salad of the Week	Ploughmans (Cheddar Cheese with Pork Pie and Chutney)	£2.20
	G (w), Sb, Sd, M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Mulligatawny (VEGAN)	£1.85
	G (w), C, Sb, Mu (Without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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