

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 2nd December	Fast Food	Chinese Chicken and Egg Fried Rice	£2.60
		C, Sb, E, may contain N, P (without Gluten)	
	Traditional	Steak and Potato Pie served with Mixed Vegetables	£2.60
		G (w), C, Sb	
Vegetarian	Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P)	£2.60	
Dessert	Jam sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 3rd December	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, Sd, M, F, may contain E	
	Traditional	Roasted Loin of Pork served with Roast Potatoes and Broccoli	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Cheese and Tomato Pasta Bake (G (w), C, Sb, Sd, M, E)	£2.60	
Dessert	Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 4th December	Fast Food	Peri Peri Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Cottage Pie served with Buttered Savoy Cabbage and Gravy	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Vegetarian Cottage Pie Buttered Savoy Cabbage and Gravy (C, Sb, M)	£2.60	
Dessert	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 5th December	Fast Food	Sausage with Chips and Beans (Available without Gluten)	£2.60
		G (w), C, M, Sb, Sd	
	Traditional	Vegetable Stroganoff and Braised Rice	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Vegan Sausage with Chips and Beans (G (w), C, Sb)	£2.60	
Dessert	Fruits of the Forest Meringue Nest (G (w), E, M, may contain Sb)	£1.10	
FRIDAY 6th December	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with New Potatoes and Garden Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate and Vanilla sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

2nd- 6th December

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin with Mustard (Available without Gluten)	Roast Pork and Apple Sauce (Available without Gluten)	Meatballs in Tomato Sauce (Available without Gluten)	Sausage and Onion Gravy (Available without Gluten)	Lincolnshire Fish Cakes and Tartare Sauce (without Gluten) Fish Fingers Available
G (w), C, Sb, Mu, may contain M, E, S	G (w), C, Sb, may contain M, E, S	G (w), C, Sb, may contain S, E	G (w), C, Sb, Sd, M, Mu, may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Sweet Potato and Roasted Garlic (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	M, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Creamy Vegetable Curry (Vegan) (Without Gluten)	£2.35
	Mu, C, Sb, may contain N, P	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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St. Aidan's Catering

DELI BAR MENU

2nd- 6th December

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin with Mustard (Available without Gluten)	Roast Pork and Apple Sauce (Available without Gluten)	Meatballs in Tomato Sauce (Available without Gluten)	Sausage and Onion Gravy (Available without Gluten)	Lincolnshire Fish Cakes and Tartare Sauce (without Gluten) Fish Fingers Available
G (w), C, Sb, Mu, may contain M, E, S	G (w), C, Sb, may contain M, E, S	G (w), C, Sb, may contain S, E	G (w), C, Sb, Sd, M, Mu, may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato and Roasted Garlic (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	M, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Creamy Vegetable Curry (Vegan) (Without Gluten)	£2.45
	Mu, C, Sb, may contain N, P	

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Main Hall

Year 7 - 8

MONDAY 2nd December	Fast Food	Chinese Chicken and Egg Fried Rice	£2.60
		C, Sb, E, may contain N, P (without Gluten)	
	Traditional	Steak and Potato Pie served with Mixed Vegetables	£2.60
		G (w), C, Sb	
Vegetarian	Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P)	£2.60	
Dessert	Jam sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 3rd December	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, Sd, M, F, may contain E	
	Traditional	Roasted Loin of Pork served with Roast Potatoes and Broccoli	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Cheese and Tomato Pasta Bake (G (w), C, Sb, Sd, M, E)	£2.60	
Dessert	Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 4th December	Fast Food	Peri Peri Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Cottage Pie Buttered Savoy Cabbage and Gravy (C, Sb, M)	£2.60	
Dessert	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 5th December	Fast Food	Sausage with Chips and Beans (Available without Gluten)	£2.60
		G (w), C, M, Sb, Sd	
	Traditional	Vegetable Stroganoff and Braised Rice	£2.60
		C, Sb, M (Without Gluten)	
Vegetarian	Vegan Sausage with Chips and Beans (G (w), C, Sb)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 6th December	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with New Potatoes and Garden Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate and Vanilla sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

2nd- 6th December

Daily Special Options

Monday	Chinese Chicken and Egg Fried Rice	£2.60
	C, Sb, E, may contain N, P (without Gluten)	
	Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P)	£2.60
	Jam sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
	G (w, b), C, Sb, Sd, M, F, may contain E	
	Cheese and Tomato Pasta Bake (G (w), C, Sb, Sd, M, E)	£2.60
	Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	Peri Peri Chicken Leg on a bed of Soft Noodles	£2.60
	G (w), C, Sb	
	Vegetarian Cottage Pie Buttered Savoy Cabbage and Gravy (C, Sb, M)	£2.60
	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10
Thursday	Sausage with Chips and Beans (Available without Gluten)	£2.60
	G (w), C, M, Sb, Sd	
	Vegan Sausage with Chips and Beans (G (w), C, Sb)	£2.60
	Fruits of the Forest Meringue Nest (G (w), E, M, may contain Sb)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate and Vanilla sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Creamy Vegetable Curry (Vegan) (Without Gluten)	£2.35
	Mu, C, Sb, may contain N, P	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	M, E (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato and Roasted Garlic (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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