

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 4th Nov	Fast Food	Chinese Chicken served with Egg Fried Rice	£2.60
		C, Sb, E, may contain N, P (without Gluten)	
	Traditional	Beef Hotpot with Broccoli	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Vegetable Hotpot served with Broccoli (C, Sb) (without Gluten)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 5th Nov	Fast Food	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
		G (w, b), C, Sb, Sd, M, F, may contain E	
	Traditional	Roast Turkey with Stuffing served with Roasted Potatoes, Mixed Vegetables and Gravy	£2.60
		G (w), C, Sb (Available without Gluten)	
Vegetarian	Vegan Chilli and Rice (C, Sb) (without Gluten)	£2.60	
Dessert	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 6th Nov	Fast Food	BBQ Bacon Loin on a bed of Soft Noodles	£2.60
		G (w, r), C, Sb, Sd	
	Traditional	Shepherds Pie served with Buttered Savoy Cabbage	£2.60
		C, Sb, M (without Gluten)	
Vegetarian	Vegetarian Shepherds Pie served with Buttered Savoy Cabbage (C, Sb, M) (without Gluten)	£2.60	
Dessert	Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 7th Nov	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Available without Gluten)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Vegetable Biryani with a Garlic Naan	£2.60
		G (w), C, Sb, Mu	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Banoffee Pie (G (w), M)	£1.10	
FRIDAY 8th Nov	Fast Food	Pasta with a Choice of Two Sauces : Arrabbiata or Carbonara	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with Minted Mushy Peas and New Potatoes with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

4th - 8th Nov 2024

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Mustard (Available without Gluten)	Roasted Turkey with Gravy (Available without Gluten)	BBQ Chicken Wrap	Honey Roasted Bacon Loin (Available without Gluten)	Battered Haddock with Tartare Sauce (without Gluten Fish Fingers Available)
G (w), C, Sb, Sd, M, Mu, may contain E, S	G (w), C, Sb, may contain M, E, S	G (w, r), C, Sb, Sd, Mu	G (w), C, Sb, may contain M, E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Carrot and Coriander (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Sweet Chilli Chicken with a Crème Fraiche	£2.20
	M, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

DELI BAR MENU

4th - 8th Nov 2024

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Mustard (Available without Gluten)	Roasted Turkey with Gravy (Available without Gluten)	BBQ Chicken Wrap	Honey Roasted Bacon Loin (Available without Gluten)	Battered Haddock with Tartare Sauce (without Gluten Fish Fingers Available)
G (w), C, Sb, Sd, M, Mu, may contain E, S	G (w), C, Sb, may contain M, E, S	G (w, r), C, Sb, Sd, Mu	G (w), C, Sb, may contain M, E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Coriander (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Sweet Chilli Chicken with a Crème Fraiche	£2.20
	M, E (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.45
	C, Sb (Without Gluten)	

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Main Hall

Year 7 - 8

MONDAY 4th Nov	Fast Food	Chinese Chicken served with Egg Fried Rice	£2.60
		C, Sb, E, may contain N, P (without Gluten)	
	Traditional	Beef Hotpot with Broccoli	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Vegetable Hotpot served with Broccoli (C, Sb) (without Gluten)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 5th Nov	Fast Food	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
		G (w, b), C, Sb, Sd, M, F, may contain E	
	Traditional	Roast Turkey with Stuffing served with Roasted Potatoes, Mixed Vegetables and Gravy	£2.60
		G (w), C, Sb (Available without Gluten)	
	Vegetarian	Vegan Chilli and Rice (C, Sb) (without Gluten)	£2.60
Dessert	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 6th Nov	Fast Food	BBQ Bacon Loin on a bed of Soft Noodles	£2.60
		G (w, r), C, Sb, Sd	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
	Vegetarian	Vegetarian Shepherds Pie served with Buttered Savoy Cabbage (C, Sb, M) (without Gluten)	£2.60
Dessert	Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 7th Nov	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Available without Gluten)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Vegetable Biryani with a Garlic Naan	£2.60
		G (w), C, Sb, Mu	
	Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 8th Nov	Fast Food	Pasta with a Choice of Two Sauces : Arrabbiata or Carbonara	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with Minted Mushy Peas and New Potatoes with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
	Vegetarian	Dish of the Day see Menu Cards	£2.60
Dessert	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

4th - 8th Nov 2024

Daily Special Options

Monday	Chinese Chicken served with Egg Fried Rice	£2.60
	C, Sb, E, may contain N, P (without Gluten)	
	Vegetable Hotpot served with Broccoli (C, Sb) (without Gluten)	£2.60
	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
	G (w, b), C, Sb, Sd, M, F, may contain E	
	Vegan Chilli and Rice (C, Sb) (without Gluten)	£2.60
	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	BBQ Bacon Loin on a bed of Soft Noodles	£2.60
	G (w, r), C, Sb, Sd	
	Vegetarian Shepherds Pie served with Buttered Savoy Cabbage (C, Sb, M) (without Gluten)	£2.60
	Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Bun with Fries and Relish (Available without Gluten)	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60
	Banoffee Pie (G (w), M)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Sticky Toffee Pudding and Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Salad of the Week	Sweet Chilli Chicken with a Crème Fraiche	£2.20
	M, E (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Coriander (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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