

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 14th Oct	Fast Food	Chicken Jalfrezi and Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork and Stuffing served with Roast Potatoes and Mixed Vegetables (Available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Quorn Jalfrezi and Coriander Rice (Without Gluten) (C, Sb, E, Mu)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 15th Oct	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens (Without Gluten)	
Vegetarian	Vegetarian Lasagne served with Garlic Bread and Mixed Salad (G (w) C, Sb, M, may contain E)	£2.60	
Dessert	Rice Pudding and Raspberry Sauce (M)	£1.10	
WEDNESDAY 16th Oct	Fast Food	Jamaican Jerk Chicken Leg on a Bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Sausage and Mash served with Buttered Savoy Cabbage	£2.60
		G (w), C, Sb, M, Sd (Available without Gluten)	
Vegetarian	Vegetarian Sausage and Mash with Buttered Savoy Cabbage (C, Sb, M)	£2.60	
Dessert	Peach and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10	
THURSDAY 17th Oct	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Roasted Red Pepper and Feta Tart served with Mixed Leaves	£2.60
		G (w), C, Sb, M, E	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Eton Mess (M, E)	£1.10	
FRIDAY 18th Oct	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Jumbo Battered Fish Fingers served with Minted New Potatoes and Mushy Peas (Available without Gluten)	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

14th - 18th Oct 2024

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available Without Gluten)	Sausage and Mustard (Available without Gluten)	Tandoori Quorn Wrap (Available without Gluten)	Honey Roasted Bacon Loin (Available without Gluten)	Jumbo Battered Fish Fingers and Tartare Sauce (Available without Gluten)
G (w), Sb, C, may contain M, E, S	G (w), Sb, C, Sd, Mu, M, may contain E, S	G (w), Mu, M	G (w), Sb, may contain M, E, S	G(w), F, E, Sb, Mu, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Sweet Potato and Pesto (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Wensleydale and Pork Pie with a Tangy Piccalilli	£2.20
	G (w), M, Sb, Mu, Sd	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Coronation Chicken	£2.35
	E, Mu, C (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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St. Aidan's Catering

DELI BAR MENU

14th - 18th Oct 2024

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available Without Gluten)	Sausage and Mustard (Available without Gluten)	Tandoori Quorn Wrap (Available without Gluten)	Honey Roasted Bacon Loin (Available without Gluten)	Jumbo Battered Fish Fingers and Tartare Sauce (Available without Gluten)
G (w), Sb, C, may contain M, E, S	G (w), Sb, C, Sd, Mu, M, may contain E, S	G (w), Mu, M	G (w), Sb, may contain M, E, S	G(w), F, E, Sb, Mu, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato and Pesto (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Wensleydale and Pork Pie with a Tangy Piccalilli	£2.20
	G (w), M, Sb, Mu, Sd	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Coronation Chicken	£2.45
	E, Mu, C (Without Gluten)	

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Main Hall

Year 7 - 8

MONDAY 14th Oct	Fast Food	Chicken Jalfrezi and Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork and Stuffing served with Roast Potatoes and Mixed Vegetables (Available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Quorn Jalfrezi and Coriander Rice (Without Gluten) (C, Sb, E, Mu)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
TUESDAY 15th Oct	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens (Without Gluten)	
Vegetarian	Vegetarian Lasagne served with Garlic Bread and Mixed Salad (G (w) C, Sb, M, may contain E)	£2.60	
Dessert	Rice Pudding and Raspberry Sauce (M)	£1.10	
WEDNESDAY 16th Oct	Fast Food	Jamaican Jerk Chicken Leg on a Bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Sausage and Mash with Buttered Savoy Cabbage (C, Sb, M)	£2.60	
Dessert	Peach and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10	
THURSDAY 17th Oct	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Roasted Red Pepper and Feta Tart served with Mixed Leaves	£2.60
		G (w), C, Sb, M, E	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 18th Oct	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Jumbo Battered Fish Fingers served with Minted New Potatoes and Mushy Peas (Available without Gluten)	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

14th - 18th Oct 2024

Daily Special Options

Monday	Chicken Jalfrezi and Coriander Rice	£2.60
	G (w), C, Sb, M, Mu	
	Quorn Jalfrezi and Coriander Rice (Without Gluten) (C, Sb, E, Mu)	£2.60
	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
	G (w, b), C, Sb, F, M, may contain E	
	Vegetarian Lasagne served with Garlic Bread and Mixed Salad (G (w) C, Sb, M, may contain E)	£2.60
	Rice Pudding and Raspberry Sauce (M)	£1.10
Wednesday	Jamaican Jerk Chicken Leg on a Bed of Soft Noodles	£2.60
	G (w), C, Sb	
	Vegetarian Sausage and Mash with Buttered Savoy Cabbage (C, Sb, M)	£2.60
	Peach and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60
	Eton Mess (M, E)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Coronation Chicken	£2.35
	E, Mu, C (Without Gluten)	
Salad of the Week	Wensleydale and Pork Pie with a Tangy Piccalilli	£2.20
	G (w), M, Sb, Mu, Sd	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato and Pesto (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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