

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 7th Oct	Fast Food	Fusilli Bolognese with Parmesan cheese	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Roast Turkey served with Garlic Roasted Potatoes, Carrots and Gravy	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Vegan Meatballs with Fusilli Pasta (G (w), C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 8th Oct	Fast Food	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
		Sd, E (Without Gluten)	
	Traditional	Steak and Vegetable Pie served with New Potatoes and Broccoli	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn and Rice (G (w), C, Sb, E)	£2.60	
Dessert	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 9th Oct	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Butternut Squash Risotto with a Mixed Salad (Vegan)	£2.60
		Sb, C	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Raspberry Fool (M)	£1.10	
THURSDAY 10th Oct	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with New Potatoes and Minted Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Sticky Toffee Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
FRIDAY 11th Oct	Fast Food	TEACHER TRAINING DAY	
	Traditional	TEACHER TRAINING DAY	
Vegetarian			
Dessert			

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

7th - 11th Oct 2024

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy	Turkey and Cranberry Sauce (Available without Gluten)	Spanish Chicken Wraps (Available without Gluten)	Battered Haddock and Tartare Sauce	TEACHER TRAINING DAY
G (w), Sb, Sd, C, Mu, M, may contain E, S	G (w), Sb, C, may contain M, E, S	G (w), may contain Mu	G (w), F, E, Sb, Mu, may contain M, S	

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Autumn Vegetable and Red Lentil (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Peri Peri Chicken and Spring Onion and Lime Mayo	£2.20
	E (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Beef Chilli with Sour Cream	£2.35
	C, Sb, M (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above serving points for up to date information on allergens.

St. Aidan's Catering

DELI BAR MENU

7th - 11th Oct 2024

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy	Turkey and Cranberry Sauce (Available without Gluten)	Spanish Chicken Wraps (Available without Gluten)	Battered Haddock and Tartare Sauce	TEACHER TRAINING DAY
G (w), Sb, Sd, C, Mu, M, may contain E, S	G (w), Sb, C, may contain M, E, S	G (w), may contain Mu	G (w), F, E, Sb, Mu, may contain M, S	

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Autumn Vegetable and Red Lentil (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Peri Peri Chicken and Spring Onion and Lime Mayo	£2.20
	E (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Beef Chilli with Sour Cream	£2.45
	C, Sb, M (without Gluten)	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

Main Hall

Year 7 - 8

MONDAY 7th Oct	Fast Food	Fusilli Bolognese with Parmesan cheese	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Roast Turkey served with Garlic Roasted Potatoes, Carrots and Gravy	£2.60
		C, Sb (Without Gluten)	
Vegetarian	Vegan Meatballs with Fusilli Pasta (G (w), C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 8th Oct	Fast Food	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
		Sd, E (Without Gluten)	
	Traditional	Steak and Vegetable Pie served with New Potatoes and Broccoli	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn and Rice (G (w), C, Sb, E)	£2.60	
Dessert	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 9th Oct	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish	£2.60
		Without Gluten Available G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Butternut Squash Risotto with a Mixed Salad (Vegan)	£2.60
		Sb, C	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Raspberry Fool (M)	£1.10	
THURSDAY 10th Oct	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with New Potatoes and Minted Peas with Tartare Sauce	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Sticky Toffee Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
FRIDAY 11th Oct	Fast Food	TEACHER TRAINING DAY	
	Traditional	TEACHER TRAINING DAY	
Vegetarian			
Dessert			

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

SIXTH FORM - LUNCH MENU

7th - 11th Oct 2024

Daily Special Options

Monday	Fusilli Bolognese with Parmesan cheese	£2.60
	G (w, b), C, Sb, F, M, may contain E	
	Vegan Meatballs with Fusilli Pasta (G (w), C, Sb)	£2.60
	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
	Sd, E (Without Gluten)	
	Sweet and Sour Quorn and Rice (G (w), C, Sb, E)	£2.60
	Apple Oaty Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	Battered Chicken Burger in a Bun with Fries and Relish Without Gluten Available	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60
	Raspberry Fool (M)	£1.10
Thursday	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
	G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Dish of the Day see Menu Cards	£2.60
	Sticky Toffee Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Friday	TEACHER TRAINING DAY	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Beef Chilli with Sour Cream	£2.35
	C, Sb, M (without Gluten)	
Salad of the Week	Peri Peri Chicken and Spring Onion and Lime Mayo	£2.20
	E (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Autumn Vegetable and Red Lentil (VEGAN)	£1.85
	G (w), C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.