

Year 9-10-11

**TREVOR WHITEHEAD RESTAURANT**

<b>MONDAY 30th Sept</b>	Fast Food	Creamy Chicken Curry with Coriander Rice	£2.60
		G (w), C, Sb, M, Sd, Mu	
	Traditional	Honey Roasted Bacon Loin with Jacket Wedges and Sweetcorn	£2.60
		Without Gluten	
Vegetarian	Creamy Quorn Curry with Coriander Rice (E, C, M, Sb, Sd, Mu)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
<b>TUESDAY 1st Oct</b>	Fast Food	Beef Lasagne Garlic Bread and Salad	£2.60
		G (w, b), C, Sb, M, F, may contain E	
	Traditional	Roasted Loin of Pork served with Confit Potatoes and Mixed Vegetables with Gravy	£2.60
		C, Sb (Available Without Gluten)	
Vegetarian	Vegan Chilli served with Garlic bread and Salad (C, Sb)	£2.60	
Dessert	Bread and Butter Pudding and Custard (G (w), M, E, Sb)	£1.10	
<b>WEDNESDAY 2nd Oct</b>	Fast Food	Peri Peri Turkey on a Bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Cottage Pie served with Buttered Cabbage and Gravy	£2.60
		C, Sb, M Without Gluten	
Vegetarian	Vegetarian Cottage Pie served with Cabbage and Gravy (C, Sb)	£2.60	
Dessert	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
<b>THURSDAY 3rd Oct</b>	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish	£2.60
		Without Gluten Available G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Stuffed Peppers with Italian Rice and a Vegan Pesto	£2.60
		C, Sb	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Banoffee Pie (G (w), M)	£1.10	
<b>FRIDAY 4th Oct</b>	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with New Potatoes and Mushy Peas with Tartare Sauce	£2.60
		G (w), F, E, M, Mu	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Pudding and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),  
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,  
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

# St. Aidan's Catering

## Restaurant - Lighter Options Menu - Years 9, 10 & 11

### 30th Sept - 4th Oct

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise  
Egg and Cress  
Cheddar Cheese and Tomato  
Ham  
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin	Lemon and Garlic Chicken Wrap	Sausage and Mustard	Roast Turkey and Gravy	Lincolnshire Fishcakes and Tartare Sauce
G (w), Sb, C, may contain M, E, S	G (w), Mu	G (w), C, Sb, Sd, M, Mu may contain E, S	G (w), Sb, C, may contain M, E, S	G (w), Sb, F, E, may contain M, S

### Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Broccoli and Stilton (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Greek Salad with Feta and Mixed Olives and a Vinaigrette Dressing	£2.20
	M, Sd, Mu Without Gluten	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Tuna and Red Onion Mayo	£2.35
	F, E Without Gluten	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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# St. Aidan's Catering

## DELI BAR MENU

30th Sept - 4th Oct

### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin	Lemon and Garlic Chicken Wrap	Sausage and Mustard	Roast Turkey and Gravy	Lincolnshire Fishcakes and Tartare Sauce
G (w), Sb, C, may contain M, E, S	G (w), Mu	G (w), C, Sb, Sd, M, Mu may contain E, S	G (w), Sb, C, may contain M, E, S	G (w), Sb, F, E, may contain M, S

### Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Broccoli and Stilton (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Greek Salad with Feta and Mixed Olives and a Vinaigrette Dressing	£2.20
	M, Sd, Mu Without Gluten	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Tuna and Red Onion Mayo	£2.45
	F, E Without Gluten	

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## Main Hall

Year 7 - 8

<b>MONDAY 30th Sept</b>	Fast Food	Creamy Chicken Curry with Coriander Rice	£2.60
		G (w), C, Sb, M, Sd, Mu	
	Traditional	Honey Roasted Bacon Loin with Jacket Wedges and Sweetcorn	£2.60
		<b>Without Gluten</b>	
Vegetarian	Creamy Quorn Curry with Coriander Rice (E, C, M, Sb, Sd, Mu)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
<b>TUESDAY 1st Oct</b>	Fast Food	Beef Lasagne Garlic Bread and Salad	£2.60
		G (w, b), C, Sb, M, F, may contain E	
	Traditional	Roasted Loin of Pork served with Confit Potatoes and Mixed Vegetables with Gravy	£2.60
		C, Sb <b>(Available Without Gluten)</b>	
Vegetarian	Vegan Chilli served with Garlic bread and Salad (C, Sb)	£2.60	
Dessert	Bread and Butter Pudding and Custard (G (w), M, E, Sb)	£1.10	
<b>WEDNESDAY 2nd Oct</b>	Fast Food	Peri Peri Turkey on a Bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Cottage Pie served with Cabbage and Gravy (C, Sb)	£2.60	
Dessert	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
<b>THURSDAY 3rd Oct</b>	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish	£2.60
		<b>Without Gluten Available</b> G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Stuffed Peppers with Italian Rice and a Vegan Pesto	£2.60
		C, Sb	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
<b>FRIDAY 4th Oct</b>	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd                      G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with New Potatoes and Mushy Peas with Tartare Sauce	£2.60
		G (w), F, E, M, Mu	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Pudding and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),  
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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

30th Sept - 4th Oct

### Daily Special Options

<b>Monday</b>	Creamy Chicken Curry with Coriander Rice	£2.60
	G (w), C, Sb, M, Sd, Mu	
	Creamy Quorn Curry with Coriander Rice (E, C, M, Sb, Sd, Mu)	£2.60
	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
<b>Tuesday</b>	Beef Lasagne Garlic Bread and Salad	£2.60
	G (w, b), C, Sb, M, F, may contain E	
	Vegan Chilli served with Garlic bread and Salad (C, Sb)	£2.60
	Bread and Butter Pudding and Custard (G (w), M, E, Sb)	£1.10
<b>Wednesday</b>	Peri Peri Turkey on a Bed of Soft Noodles	£2.60
	G (w), C, Sb	
	Vegetarian Cottage Pie served with Cabbage and Gravy (C, Sb)	£2.60
	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
<b>Thursday</b>	Battered Chicken Burger in a Bun with Fries and Relish <b>Without Gluten Available</b>	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G(w), C, E, M, Mu, may contain S, Sb)	£2.60
	Banoffee Pie (G (w), M)	£1.10
<b>Friday</b>	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Pudding and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

### Weekly Specials

<b>Jacket Potato</b>	Cheese 'n' Beans	£2.35
	M - cheese only	
<b>Jacket Potato of the Week</b>	Tuna and Red Onion Mayo	£2.35
	F, E <b>Without Gluten</b>	
<b>Salad of the Week</b>	Greek Salad with Feta and Mixed Olives and a Vinaigrette Dressing	£2.20
	M, Sd, Mu <b>Without Gluten</b>	
<b>Vegetarian Dish</b>	Changed Daily. Please ask the Server for Allergen Information.	£2.60
<b>Soup of the Week with a Bread Roll</b> (G (w), Sb, may contain E, M)	Broccoli and Stilton (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
<b>Wrap of the Week</b> G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	<b>Please See Packaging For Allergens</b>	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),  
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