

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

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|-------------------------------|---|---|-------|
| MONDAY 23rd Sept | Fast Food | Fusilli Bolognese served with Parmesan Cheese | £2.60 |
| | | G (w), C, Sb, F, M, may contain E | |
| | Traditional | Roast Turkey served with Roast Potatoes and Broccoli | £2.60 |
| | | C, Sb Without Gluten | |
| Vegetarian | Vegan Bolognese (G (w), C, Sb) | £2.60 | |
| Dessert | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 | |
| TUESDAY 24th Sept | Fast Food | Chinese Chicken with Egg Fried Rice | £2.60 |
| | | C, Sb, E, may contain N, P (Without Gluten) | |
| | Traditional | Beef and Vegetable Hotpot with Cauliflower Cheese | £2.60 |
| | | M, C, Sb (Without Gluten) | |
| Vegetarian | Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P) | £2.60 | |
| Dessert | Rice Pudding with Raspberry Sauce (M) | £1.10 | |
| WEDNESDAY 25th Sept | Fast Food | BBQ Bacon Loin served with Soft Noodles | £2.60 |
| | | G (w, r), C, Sb, M, Sd, may contain N, P | |
| | Traditional | Shepherds Pie served with Buttered Cabbage and Gravy | £2.60 |
| | | C, Sb, M Without Gluten | |
| Vegetarian | Vegan Cottage Pie with Buttered Savoy Cabbage (Without Gluten) | £2.60 | |
| Dessert | Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 | |
| THURSDAY 26th Sept | Fast Food | Sausage Chips and Beans (Available without Gluten) | £2.60 |
| | | G (w), C, M, Sb, Sd | |
| | Traditional | Mushroom Stroganoff served with Braised Rice | £2.60 |
| | | C, Sb | |
| Vegetarian | Vegan Sausage Chips and Beans (G (w)) | £2.60 | |
| Dessert | Manchester Tart (G (w), E, M, may contain Sb) | £1.10 | |
| FRIDAY 27th Sept | Fast Food | Pasta with a Choice of Two Sauces : Arrabbiata or Carbonara | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Jumbo Fish Fingers served with Minted New Potatoes and Garden Peas with Tartare Sauce | £2.60 |
| | | G (w), F, E, M | |
| Vegetarian | Dish of the Day see Menu Cards | £2.60 | |
| Dessert | Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 | |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

23rd - 27th Sept 2024

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------|------------------------------------|--------------------------------|-----------------------------------|-------------------------------------|
| Sausage and Onion Gravy | Roasted Turkey and Cranberry Sauce | Honey Roast Bacon Loin | Quorn Balti Wrap | Battered Haddock with Tartare Sauce |
| G (w), Sb, C, Sd, M, may contain E, S | G (w), Sb, C, may contain M, E, S | G (w), Sb, may contain M, E, S | G (w), Mu, E, C, may contain E, S | G (w), Sb, F, E, may contain M, S |

Weekly Specials

| | | |
|--|--|-------|
| Soup of the Week with a Bread Roll (G (w), Sb may contain E, M) | Minted Pea | £1.85 |
| | G (w), C, Sb (Available without Gluten) | |
| Salad of the Week | Smoked Mackerel with a Horseradish Mayo | £2.20 |
| | F, E, Sd (Without Gluten) | |
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - Cheese only | |
| Jacket Potato of the Week | Chicken and Vegetable Chilli | £2.35 |
| | C, Sb (Without Gluten) | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.60 |
| | | |
| Dessert | Changed Daily. Please ask the Server for Allergen Information. | £1.10 |
| | | |

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St. Aidan's Catering

DELI BAR MENU

23rd - 27th Sept 2024

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------|------------------------------------|--------------------------------|-----------------------------------|-------------------------------------|
| Sausage and Onion Gravy | Roasted Turkey and Cranberry Sauce | Honey Roast Bacon Loin | Quorn Balti Wrap | Battered Haddock with Tartare Sauce |
| G (w), Sb, C, Sd, M, may contain E, S | G (w), Sb, C, may contain M, E, S | G (w), Sb, may contain M, E, S | G (w), Mu, E, C, may contain E, S | G (w), Sb, F, E, may contain M, S |

Weekly Specials

| | | |
|---|---|-------|
| Wrap of the Week G (w), may also contain Mu | A selection of Freshly Made Wraps | £2.50 |
| | Please See Packaging for Allergens | |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Minted Pea | £1.85 |
| | G (w), C, Sb (Available without Gluten) | |
| Salad of the Week | Smoked Mackerel with a Horseradish Mayo | £2.20 |
| | F, E, Sd (Without Gluten) | |
| Jacket Potato | Cheese 'n' Beans | £2.45 |
| | M - cheese only | |
| Jacket Potato of the Week | Chicken and Vegetable Chilli | £2.45 |
| | C, Sb (Without Gluten) | |

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Main Hall Year 7 - 8

| | | | |
|--------------------------------|---|--|-------|
| MONDAY 23rd Sept | Fast Food | Fusilli Bolognese served with Parmesan Cheese | £2.60 |
| | | G (w), C, Sb, F, M, may contain E | |
| | Traditional | Roast Turkey served with Roast Potatoes and Broccoli | £2.60 |
| | | C, Sb Without Gluten | |
| Vegetarian | Vegan Bolognese (G (w), C, Sb) | £2.60 | |
| Dessert | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 | |
| TUESDAY 24th Sept | Fast Food | Chinese Chicken with Egg Fried Rice | £2.60 |
| | | C, Sb, E, may contain N, P (Without Gluten) | |
| | Traditional | Beef and Vegetable Hotpot with Cauliflower Cheese | £2.60 |
| | | M, C, Sb (Without Gluten) | |
| Vegetarian | Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P) | £2.60 | |
| Dessert | Rice Pudding with Raspberry Sauce (M) | £1.10 | |
| WEDNESDAY 25th Sept | Fast Food | BBQ Bacon Loin served with Soft Noodles | £2.60 |
| | | G (w, r), C, Sb, M, Sd, may contain N, P | |
| | Traditional | Jacket Potato with Cheese 'n' Beans | £2.60 |
| | | M - cheese only | |
| Vegetarian | Vegan Cottage Pie with Buttered Savoy Cabbage (Without Gluten) | £2.60 | |
| Dessert | Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 | |
| THURSDAY 26th Sept | Fast Food | Sausage Chips and Beans (Available without Gluten) | £2.60 |
| | | G (w), C, M, Sb, Sd | |
| | Traditional | Mushroom Stroganoff served with Braised Rice | £2.60 |
| | | C, Sb | |
| Vegetarian | Vegan Sausage Chips and Beans (G (w)) | £2.60 | |
| Dessert | Fresh Fruit or A Selection of Fruit Yogurts | | |
| FRIDAY 27th Sept | Fast Food | Pasta with a Choice of Two Sauces : Arrabbiata or Carbonara | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Jumbo Fish Fingers served with Minted New Potatoes and Garden Peas with Tartare Sauce | £2.60 |
| | | G (w), F, E, M | |
| Vegetarian | Dish of the Day see Menu Cards | £2.60 | |
| Dessert | Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 | |

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WITHOUT GLUTEN BAR - LUNCH MENU

23rd - 27th Sept 2024

A Selection of Freshly Made Sandwiches - £2.50

| | | |
|--|--|-------|
| Hot Dish | Greek Moussaka and a Side Salad | £2.60 |
| | C, Sb, M | |
| | | |
| Jacket Potatoes with a Selection of Fillings | Sweet Potato | £2.50 |
| | Beans and Cheese | |
| | M | |
| Salad of the Week | Onion Bhaji, Spiced Rice Salad Pickled Carrot, and a Mango Chutney | £2.50 |
| | Sd | |
| | | |
| For Daily Specials Please see the Chalk Board | | £2.60 |
| | | |
| | | |
| Selection of Homemade Cakes and Biscuits | Flapjack, Chocolate Brownie, Cupcakes, Lemon Drizzle, | 85p |
| | Banana Cake, Victoria Sponge, Chocolate Cake | |
| | | |

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

23rd - 27th Sept 2024

Daily Special Options

| | | |
|------------------|--|-------|
| Monday | Fusilli Bolognese served with Parmesan Cheese | £2.60 |
| | G (w), C, Sb, F, M, may contain E | |
| | Vegan Bolognese (G (w), C, Sb) | £2.60 |
| | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 |
| Tuesday | Chinese Chicken with Egg Fried Rice | £2.60 |
| | C, Sb, E, may contain N, P (Without Gluten) | |
| | Chinese Quorn with Egg Fried Rice (E, C, Sb, may contain N, P) | £2.60 |
| | Rice Pudding with Raspberry Sauce (M) | £1.10 |
| Wednesday | BBQ Bacon Loin served with Soft Noodles | £2.60 |
| | G (w, r), C, Sb, M, Sd, may contain N, P | |
| | Vegan Cottage Pie with Buttered Savoy Cabbage (Without Gluten) | £2.60 |
| | Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 |
| Thursday | Sausage Chips and Beans (Available without Gluten) | £2.60 |
| | G (w), C, M, Sb, Sd | |
| | Vegan Sausage Chips and Beans (G (w)) | £2.60 |
| | Manchester Tart (G (w), E, M, may contain Sb) | £1.10 |
| Friday | Dish of the Day | £2.60 |
| | Allergens will be shown | |
| | Dish of the Day see Menu Cards | £2.60 |
| | Chocolate and Orange Sponge with Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 |

Weekly Specials

| | | |
|---|--|-------|
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - cheese only | |
| Jacket Potato of the Week | Chicken and Vegetable Chilli | £2.35 |
| | C, Sb (Without Gluten) | |
| Salad of the Week | Smoked Mackerel with a Horseradish Mayo | £2.20 |
| | F, E, Sd (Without Gluten) | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.00 |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Minted Pea | £1.85 |
| | G (w), C, Sb (Available without Gluten) | |
| Wrap of the Week G (w), may also contain Mu | A Selection of Freshly Made Wraps | |
| | Please See Packaging For Allergens | |

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