

TREVOR WHITEHEAD RESTAURANT

MONDAY 16th Sept	Fast Food	Chicken Madras with Coriander Rice	£2.60
		G (w), C, Sb, Mu, M	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens	
Vegetarian	Quorn Madras served with Rice (E, Mu, C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 17th Sept	Fast Food	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Chicken and Chorizo Pie served with Roast Potatoes and Broccoli	£2.60
		G (w), C, Sb, M	
Vegetarian	Vegan Meatballs and Tomato Sauce with Pasta (G (w), C, Sb, Sd)	£2.60	
Dessert	Treacle Tart and Custard G (w), M	£1.10	
WEDNESDAY 18th Sept	Fast Food	Tandoori Chicken Leg on a Bed of Soft Noodles	£2.60
		M, Mu, may contain N, P	
	Traditional	Sausage and Mash and Buttered Cabbage	£2.60
		G (w), C, Sb, M, Sd	
Vegetarian	Vegetarian Sausage Mash and Buttered Cabbage (Sb, C)	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 19th Sept	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Mu, Sd, may contain S, Sb	
	Traditional	Vegetable Chilli with Nachos and Sour Cream	£2.60
		C, Sb, M	
Vegetarian	Southern Style Quorn Burger (G (w), E, M, may contain S)	£2.60	
Dessert	Raspberry Cheesecake (G (w), M, Sb)	£1.10	
FRIDAY 20th Sept	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fish Cakes served with New Potatoes and Mushy Peas with Tartare Sauce	£2.60
		G (w), F, M, Mu, E	
Vegetarian	Vegetarian Dish Of The day	£2.60	
Dessert	Sticky Toffee Pudding with Custard G (w), E, M, may contain Sb	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

16th Sept - 20th Sept

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin	Roast Turkey and Cranberry Sauce	BBQ Pulled Pork with Coleslaw Wrap	Sausage and Onion Gravy	Lincolnshire Fishcake with Tartare Sauce
G (w), Sb, may contain M, E, S	G (w), Sb, C, may contain M, E, S	G (w,r), Sb, C, Sd, Mu	G (w), Sb, C, Sd, M, may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Carrot and Ginger	£1.85
	C, Sb	
Salad of the Week	Chicken Caesar with Gluten Free Croutons	£2.20
	M, E	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach	£2.35
	C, Sb, M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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St. Aidan's Catering

DELI BAR MENU

16th Sept - 20th Sept

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin	Roast Turkey and Cranberry Sauce	BBQ Pulled Pork with Coleslaw Wrap	Sausage and Onion Gravy	Lincolnshire Fishcake with Tartare Sauce
G (w), Sb, may contain M, E, S	G (w), Sb, C, may contain M, E, S	G (w,r), Sb, C, Sd, Mu	G (w), Sb, C, Sd, M, may contain E, S	G (w), Sb, F, E, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Ginger	£1.85
	C, Sb	
Salad of the Week	Chicken Caersar with Gluten Free Croutons	£2.20
	M, E	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach	£2.45
	C, Sb, M	

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Main Hall

MONDAY 16th Sept	Fast Food	Chicken Madras with Coriander Rice	£2.60
		G (w), C, Sb, Mu, M	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens	
Vegetarian	Quorn Madras served with Rice (E, Mu, C, Sb)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 17th Sept	Fast Food	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Chicken and Chorizo Pie served with Roast Potatoes and Broccoli	£2.60
		G (w), C, Sb, M	
Vegetarian	Vegan Meatballs and Tomato Sauce with Pasta (G (w), C, Sb, Sd)	£2.60	
Dessert	Treacle Tart and Custard G (w), M	£1.10	
WEDNESDAY 18th Sept	Fast Food	Tandoori Chicken Leg on a Bed of Soft Noodles	£2.60
		M, Mu, may contain N, P	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Sausage Mash and Buttered Cabbage (Sb, C)	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 19th Sept	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish Without Gluten Available	£2.60
		G (w), C, M, Mu, Sd, may contain S, Sb	
	Traditional	Vegetable Chilli with Nachos and Sour Cream	£2.60
		C, Sb, M	
Vegetarian	Southern Style Quorn Burger (G (w), E, M, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 20th Sept	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fish Cakes served with New Potatoes and Mushy Peas with Tartare Sauce	£2.60
		G (w), F, M, Mu, E	
Vegetarian	Vegetarian Dish Of The day	£2.60	
Dessert	Sticky Toffee Pudding with Custard G (w), E, M, may contain Sb	£1.10	

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WITHOUT GLUTEN BAR - LUNCH MENU

16th Sept - 20th Sept

A Selection of Freshly Made Sandwiches - £2.50

Hot Dish	Chorizo flatbread Pizza and Side Salad	£2.60
	M	
Jacket Potatoes with a Selection of Fillings	Whipped Feta and Sumac	£2.50
	M	
	Beans and Cheese	
	M	
Salad of the Week	Mexican Salad with Sweet Potato and Black Beans	£2.50
	Mu, Sd, M	
For Daily Specials Please see the Chalk Board		£2.60
Selection of Homemade Cakes and Biscuits	Flapjack, Chocolate Brownie, Cupcakes, Lemon Drizzle,	85p
	Banana Cake, Victoria Sponge, Chocolate Cake	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

16th Sept - 20th Sept

Daily Special Options

Monday	Chicken Madras with Coriander Rice	£2.60
	G (w), C, Sb, Mu, M	
	Quorn Madras served with Rice (E, Mu, C, Sb)	£2.60
	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and Mixed Salad	£2.60
	G (w, b), C, Sb, F, M, may contain E	
	Vegan Meatballs and Tomato Sauce with Pasta (G (w), C, Sb, Sd)	£2.60
	Treacle Tart and Custard G (w), M	£1.10
Wednesday	Tandoori Chicken Leg on a Bed of Soft Noodles	£2.60
	M, Mu, may contain N, P	
	Vegetarian Sausage Mash and Buttered Cabbage (Sb, C)	£2.60
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish Without Gluten Available	£2.60
	G (w), C, M, Mu, Sd, may contain S, Sb	
	Southern Style Quorn Burger (G (w), E, M, may contain S)	£2.60
	Raspberry Cheesecake (G (w), M, Sb)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Vegetarian Dish Of The day	£2.60
	Sticky Toffee Pudding with Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach	£2.35
	C, Sb, M	
Salad of the Week	Chicken Caersar with Gluten Free Croutons	£2.20
	M, E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Ginger	£1.85
	C, Sb	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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