

## St. Aidan's Catering

### Restaurant - MAIN MEALS MENU - Years 8, 9, 10

17th - 21st December 2018

<b>MONDAY</b>	Fast Food	Chicken Madras with Egg Fried Rice	£2.10
		Mu, G (wheat), M, C, Sb, E	
	Traditional	Beef & Vegetable Stew, New Potatoes and Carrots	£2.10
		C, Sb	
Dessert	Chocolate Sponge with Chocolate Custard	90p	
	G (wheat), E, M		
<b>TUESDAY</b>	Fast Food	Pasta Bolognese with Parmesan Cheese	£2.10
		G (wheat, barley), F, C, Sb, M, E	
	Traditional	Roasted Bacon Loin with Spicy Wedges and Peas	£2.10
Dessert	Apple Crumble and Custard	90p	
	G (wheat), M		
<b>WEDNESDAY</b>	Fast Food	Traditional Christmas Dinner with Trimmings and Gravy	£2.10
		C, Sb, G (wheat), Sd, M, Mu	
	Traditional	Vegetable & Bean Cassoulet with Tomatoes & Garlic and Steamed Rice	£2.10
		C, Sb	
Dessert	Christmas Pudding (G, E) and Brandy Sauce (G, M) or Sticky Toffee Pudding (G, E, M) and Custard (M)	90p	
	G (wheat & barley), E, M		
<b>THURSDAY</b>	Fast Food	Pasta with a Choice of Two Sauces	£2.10
		Ask staff for allergens	
	Traditional	Battered Haddock, New Potatoes and Mushy Peas	£2.10
		G (wheat), F, Mu, M	
Dessert	Rice Pudding and Raspberry Sauce	90p	
	M		
<b>FRIDAY</b>	Fast Food	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish	£2.10
		G (wheat), S, Mu	
	Traditional	Vegetarian Dish of the Day	£2.10
		Ask staff for allergens	
Dessert	Banoffee Pie	90p	
	G (wheat), M		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

# St. Aidan's Catering

## Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

17th - 21st December 2018

A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads from £1.35

To include:

- Tuna Mayonnaise (F, E, Mu, G, M)
  - Egg and Cress (E, Mu, G, M)
- Cheddar Cheese with Tomato (M, G)
  - Beef (G, M)
  - Ham (G, M)
  - Turkey (G, M)

A Selection of Triangle Sandwiches with Salad from £1.35

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.10

### Hot Roast Baguette (G) - £2.20

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Loin and Mustard	Roasted Turkey Breast with Cranberry Sauce and Gravy		Battered Haddock and Tartare Sauce	Sausages and Onion Gravy
G (wheat), Mu, Sd	G (wheat), C, Sb		G (wheat), F, Mu, M, E	G (wheat), M, Sd, C, Sb

### Weekly Specials

<b>Soup of the Week with a Bread Roll (G)</b>	Winter Vegetable Soup	£1.70
	C, Sb, M	
<b>Healthy Choice Salad</b>	Smooth Chicken Liver Pate with Orange Salad and Crusty Bread	£1.90
	G (wheat), M, Mu, N (hazelnuts & walnuts)	
<b>Salad of the Week</b>	Indian Vegetable Savouries with Crisp Salad and Mint Yoghurt	£1.90
	G (wheat), Sb, C, M, Sd	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.10
	M (Cheese Only)	
<b>Jacket Potato of the Week</b>	Tuna & Sweetcorn Mayonnaise	£2.10
	F, E	
<b>Vegetarian Dish</b>	Changed Daily	£1.85
<b>Dessert</b>	Changed Daily	90p

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products  
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## Main Hall - YEAR 7 MENU

17th - 21st December 2018

### Meal Deal 1 - The Lite Bite - £2.65

- A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads
- A Piece of Fresh Fruit
- A Hot Pudding or Cake
- A Cup of Chilled Fruit Juice

### Meal Deal 2 - The Lite Bite - £2.65

<b>Monday</b>	Chicken Madras with Egg Fried Rice
	Mu, G (wheat), M, C, Sb, E
<b>Tuesday</b>	Traditional Christmas Dinner with Trimmings and Gravy
	C, Sb, G (wheat), Sd, M, Mu
<b>Wednesday</b>	Pasta Bolognese (G, F, C, Sb) with Parmesan Cheese (E, M)
	G (wheat, barley), F, C, Sb, M, E
<b>Thursday</b>	Pasta with a Choice of Two Sauces
	Ask staff for allergens
<b>Friday</b>	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish
	G (wheat), S, Mu

**Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding and a Chilled Fruit Juice.**

### Meal Deal 3 - Traditional - £2.65

<b>Monday</b>	Beef & Vegetable Stew, New Potatoes and Carrots
	C, Sb
	Chocolate Sponge with Chocolate Custard
	G (wheat), E, M
<b>Tuesday</b>	Vegetable & Bean Cassoulet with Tomato & Garlic and Steamed Rice
	C, Sb
	Christmas Pudding and Brandy Sauce or Sticky Toffee Pudding and Custard
	G (wheat), M
<b>Wednesday</b>	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Apple Crumble (G) and Custard (M)
	G (wheat), M
<b>Thursday</b>	Battered Haddock, New Potatoes and Mushy Peas
	G (wheat), F, Mu, M
	Fresh Fruit
<b>Friday</b>	Vegetarian Dish of the Day
	Ask staff for allergens
	Banoffee Pie
	G (wheat), M

**Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake. To include a Chilled Fruit Juice.**

# St. Aidan's Catering

## DELI BAR MENU

17th - 21st December 2018

### Hot Roast Baguette (G) - £2.20

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Loin and Mustard	Roasted Turkey Breast with Cranberry Sauce and Gravy	Roasted Turkey Breast with Cranberry Sauce and Gravy	Battered Haddock and Tartare Sauce	Sausages and Onion Gravy
G (wheat), Mu, Sd	G (wheat), C, Sb	G (wheat), C, Sb	G (wheat), F, Mu, M, E	G (wheat), M, Sd, C, Sb

### Weekly Specials

<b>Wrap of the Week (G)</b>	Lemon, Garlic & Coriander Chicken with a Chive Dressing	£2.10
	G (wheat), E, Sd, M	
<b>Soup of the Week with a Bread Roll (G)</b>	Winter Vegetable Soup	£1.70
	C, Sb, M	
<b>Healthy Choice Salad</b>	Smooth Chicken Liver Pate with Orange Salad and Crusty Bread	£1.90
	G (wheat), M, Mu, N (hazelnuts & walnuts)	
<b>Salad of the Week</b>	Indian Vegetable Savouries with Crisp Salad and Mint Yoghurt	£1.90
	G (wheat), Sb, C, M, Sd	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.20
	M - cheese only	
<b>Jacket Potato of the Week</b>	Tuna & Sweetcorn Mayonnaise	£2.20
	F, E	

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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

17th - 21st December 2018

### Daily Special Options

<b>Monday</b>	Chicken Madras with Egg Fried Rice	£2.10
	Mu, G (wheat), M, C, Sb, E	
	Chocolate Sponge with Chocolate Custard	90p
	G (wheat), E, M	
<b>Tuesday</b>	Traditional Christmas Dinner with Trimmings and Gravy	£2.10
	G (wheat, barley), F, C, Sb, M, E	
	Christmas Pudding and Brandy Sauce or Sticky Toffee Pudding and Custard	90p
	G (wheat), M	
<b>Wednesday</b>	Pasta Bolognese with Parmesan Cheese	£2.10
	C, Sb, G (wheat), Sd, M, Mu	
	Apple Crumble and Custard	90p
	G (wheat & barley), E, M	
<b>Thursday</b>	Battered Haddock, Chips and Peas	£2.10
	Ask staff for allergens	
	Rice Pudding and Raspberry Sauce	90p
	M	
<b>Friday</b>	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish	£2.10
	G (wheat), S, Mu	
	Banoffee Pie	90p
	G (wheat), M	

### Weekly Specials

<b>Jacket Potato</b>	Cheese 'n' Beans	£2.10
	M - cheese only	
<b>Jacket Potato of the Week</b>	Tuna & Sweetcorn Mayonnaise	£2.10
	F, E	
<b>Healthy Choice Salad</b>	Smooth Chicken Liver Pate with Orange Salad and Crusty Bread	£1.90
	G (wheat), M, Mu, N (hazelnuts & walnuts)	
<b>Salad of the Week</b>	Indian Vegetable Savouries with Crisp Salad and Mint Yoghurt	£1.90
	G (wheat), Sb, C, M, Sd	
<b>Vegetarian Dish</b>	Changed Daily	£1.85
<b>Soup of the Week with a Bread Roll (G)</b>	Winter Vegetable Soup	£1.70
	C, Sb, M	
<b>Wrap of the Week (G)</b>	Lemon, Garlic & Coriander Chicken with a Chive Dressing	£2.10
	G (wheat), E, Sd, M	

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# St. Aidan's Catering

## YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

17th - 21st December 2018

### Hot Roast Baguette (G) - £2.20

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Loin and Mustard	Sausages and Onion Gravy	Stuffed Lamb Shoulder and Gravy	Traditional Christmas Dinner with Trimmings and Gravy	Battered Chicken Burger in a Sesame Seed Bun with Spicy Wedges
G (wheat), Mu, Sd	G (wheat), M, Sd, C, Sb	G (wheat), Sd, Sd, C	C, Sb, G (wheat), Sd, M, Mu	G (wheat), M, Sd, C, Sb

### Hot Dish of the Day £2.10

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Madras with Egg Fried Rice	Pasta Bolognese with Parmesan Cheese	Jacket Potato with Cheese 'n' Beans	Vegetable & Bean Cassoulet with Tomatoes & Garlic and Steamed Rice	Vegetarian Dish of the Day
Mu, G (wheat), M, C, Sb, E	G (wheat, barley), F, C, Sb, M, E	M - cheese only	C, Sb	

### Weekly Specials

Hot Wrap of the Week with Salad, Salsa and Dressing (G)	Thai Chicken Wrap with Peppers, Onions, Coriander and Coconut Milk	£2.20
	G (wheat), Cru	
Soup of the Week with a Bread Roll (G)	Winter Vegetable Soup	£1.70
	C, Sb, M	

### A Selection of Speciality Home-Made Cakes and Pastries from 60p

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